

Thanksgiving Break...

is a great time to use your power for good and work on your Service Learning hours. There are many special events and projects during the holiday season. And of course, the agencies and people we support throughout the year are always in need of help. I'm sorry I can't help those of you who will be out of town—but you can probably find great opportunities to serve anywhere in the world you spend your vacation, if you decide you want to.

FESTIVE HOLIDAY STUFF: Don't wait—many of these projects are starting up right now, so make your contact today.

Loaves & Fishes Donate Dinner program: Hand out donation cards to shoppers at the Market of Choice store in Burlingame. The money raised goes directly to the Donate Dinner program and feeds hungry senior citizens in Portland.

Tuesday, November 25th (during Thanksgiving break). We need 2 volunteers for every 2 hour shift (sign up with a friend) If you volunteer, you can make around \$225 for the organization.

Please sign up by clicking on this link

<http://www.donatedinner.org/register1.cfm?team=LSM2>

or contact Caitlyn Au: auc@oes.edu

Portland Audubon Society Wild Arts Festival is one of the region's top nature art shows and book fairs. Have a great time while helping at this festive event. Join in with artists, authors, and volunteers to make the event a success. Help is especially needed with clean-up on **Sunday night Nov. 23!**

Saturday and Sunday, November 22-23

Montgomery Park Atrium and Ballroom, 2701 NW Vaughn Audubon

You must be 18 or accompanied by a parent (so bring your mom or dad—they'll love the event and have fun volunteering!). Wear black or dark clothing, and closed toe shoes. To sign up or get more info go to: www.wildartsfestival.org.

The Salvation Army needs people to work as **Bell-Ringers** at various locations **between November 21st and December 24th**. This could be a fun thing to do with a friend. To volunteer, call or email Pat Gorman at the Salvation Army:

pat.gorman@usw.salavationarmy.org; (503)493-3925.

Zoolights! The zoo comes alive as you walk through this winter wonderland of more than a half-million lights. This winter festival includes our lighted zoo train, choral and ensemble music, and our fantastic gift shop. **Nov. 29-Dec. 28:** Sun-Thurs: 5-8 p.m. Fri-Sat: 5-8:30 p.m. Event volunteers staff activity and craft tables. For more info and to sign up go to http://www.oregonzoo.org/Volunteer/community_event_vol.htm You must attend one 2 hour training session. You will get service hours for this training!

Northwest Children's Outreach is a non-profit which works to provide clothing, books and toys to children in need. They need help packing in their two warehouses:

Orenco Station Warehouse: Monday nights 7-8:30

The Pearl Warehouse: Tuesday nights 7 to 8:30.

To volunteer go to their website:

www.northwestchildrensoutreach.org

AND ONGOING AGENCIES AND PROJECTS THAT ALWAYS WELCOME HELP, ANY TIME OF YEAR:

Feeding People:

Oregon Food Bank: You know, *the* Food Bank! Call (503)282-0555 to schedule a shift.

Blanchet House: Help serve lunch to the homeless downtown, any day of the year.

340 NW Glisan. (503)226-3911

Talk to Gary, or ask anyone there about volunteering.

Loaves & Fishes; The Meals-on-Wheels People:

Help deliver meals to house-bound elders in your community. Shifts for Thanksgiving Day fill up early, but this great organization needs help every day of the year, so give them a call! Volunteer Manager at (503) 736.6325 ext. 86239 or

volunteer.manager@lfcpx.org

Some other ways of supporting people in poverty:

Goose Hollow Family Shelter is a small, local shelter providing meals and a place to sleep for homeless families between the months of November and April. It's completely run on donations and volunteer work. On their website, you can sign up for one of several "volunteer positions" who work on a nightly basis. They are also in need of meal providers and food donations.

Here's the link to more info:

<http://www.fumcpdx.org/GooseHollowFamilyShelter/>

Rebuilding Center:

Recycling house parts for retail sale at great prices. Always lots of interesting work.

3625 N Mississippi Ave 97227

(503)331 1877 – Call Sam, Volunteer Coordinator: 503 467 4985

SW Community Health Center:

Free health clinic serving people in poverty the OES area, looking for US students to do "intake" work with clients; possible other jobs.

Contact Samira Gadil, 503-977-0733; cell 503-830-0510.

Outdoors & Environmental Work:

Tualatin Hills Parks & Recreation:

Environmental Workdays (min. of 14 years unless accompanied by an adult)
For a complete listing of our Environmental work parties and how you can volunteer check out our Environmental page or contact Melissa Markham at 503-629-6305 x 2953 or volunteer@thprd.org

Tryon Creek State Park:

Ivy Pull and more: work parties, trail maintenance, plantings
All SATURDAYS, 9:00 - noon. **Sturdy shoes and long pants are encouraged.** Groups larger than five please call ahead. Please contact Robin Lewis at 503.636.4398 or robin@tryonfriends.org for more information. For details: <http://www.tryonfriends.org>

SOLV:

Environmental clean-up projects all over the state, all times of the year. Check out their options near you at: <http://www.solv.org/volunteers>

Visiting and Cheering Elders:

You can just visit and converse and keep people company, or if you're a musician you could do a brief performance. If you have a hobby or a talent you'd like to share, this could be a great project. Many are close to campus, and visits are very appreciated. Call these places and see what's possible!

Autumn Hills Specialty Care, 6630 SW Beaverton-Hillsdale Hwy. Call volunteer coordinator at (503)292-7874

Raleigh Hills Rest & Rehab, 4815 SW Dogwood Lane. Call volunteer coordinator at (503)297-3200.

Robison Jewish Home, 6125 SW Boundary St.. Call Volunteer coordinator at (503) 535-4211

Velma J. Burney Center, 537 SE Alder. Call volunteer coordinator at (503)232-4117

West Hills Health & Rehab, 5701 SW Multnomah Blvd. Call Sue Cole, (503)244-1107x260

Animals:

Animal Aid. Befriend lonely rescued cats. Call Joene Pike to volunteer, (503)292-6628, ext. 5.

Cat Adoption Team. More rescued cats. Call Kari Middleton, 503-925-8903

Humane Society. Cats, dogs, birds, and who knows what else? Call Brian Lefals at (503)416-5032 to learn about training sessions and how you can help out.

Libraries:

Multnomah County Libraries. Many different opportunities: read to children, prepare displays, shelve books, clean and organize. To find out about the branch nearest you, call Joyce Schulberg: 503-988-5206. Or, just walk in, introduce yourself, and say you want to set up a time to volunteer.

West Slope Library: Call Janet, (503)292-6416. Just a few blocks up 78th (across B-H Hwy) from the Raleigh Hills Fred Meyer/Starbucks area. Looking for help between 4 and 8, on Tue-Wed Thu afternoons.

Garden Home Library: Call Cooky Abrams, (503)245-9932. At Olsen Road and Garden Home Road, across from Lamb's Thriftway.

AND DON'T FORGET the # 1 Resource for lots of great volunteer opportunities: **Hands On Portland** is a clearinghouse for many agencies, and has info about them all. Visit their website, info@handsonportland.org. They cover agencies working with Health, Animals, Youth & Family, Environment, Homelessness, and Hunger! Also try **Hands On Beaverton.**

WHAT EVER GREAT OPPORTUNITIES YOU FIND, DON'T FORGET TO GET YOUR SUPERVISOR'S SIGNATURE!!!

Have a great vacation, everybody.

QUESTIONS? INSPIRATIONS? GREAT IDEAS? NEED HELP CONNECTING?
Email me, schaufflerr@oes.edu for more.

Use your power for good!

♥ *Robin*