



# Lower School Specialists

OREGON EPISCOPAL SCHOOL offers an empowering educational experience where students can reach their full intellectual, physical, and creative potential. At OES, we appreciate the unique talents and experiences of each student and provide a setting in which natural curiosity develops into a thirst for knowledge and discovery.

## PHYSICAL EDUCATION

Specialist Weekly Schedule: 120-150 min/wk

Pre-K	K	Primary	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
5x	5x	5x	4x	4x	3x	3x	3x

Physical activity is critical to developing and maintaining a healthy lifestyle. Students are taught motor skills and movement patterns needed to perform a variety of physical activities, along with a sense of responsibility for their own personal and social behavior, including respect for self and others in physical activity settings. OES has an all-weather track, an artificial turf field and two athletic facilities which allow for year round indoor and outdoor activities.

## SPANISH

Specialist Weekly Schedule: 60-90 min/wk

Pre-K	K	Primary	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
	2x	2x	2x	2x	2x	3x	3x

Beginning in Kindergarten and continuing through 5th grade, OES students learn practical vocabulary, basic grammatical structure, and widen their cultural knowledge base to help in the acquisition of the Spanish language. Our aim is to engage students in a dynamic, interactive program, rich with cultural experiences.

## ART

Specialist Weekly Schedule: 30-60 min/wk

Pre-K	K	Primary	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
1x	1x	1x	1x	1x	1x	1x	1x

Children are naturally creative and love to learn ways to express their creativity using many materials. The art program offers age-appropriate projects related to art history as students study famous artists and create artwork in that artist's style. Our art teachers are active members of the Portland arts community.

## SCIENCE

Specialist Weekly Schedule: 30-60 min/wk

Pre-K	K	Primary	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
		1x	1x	1x	1x	1x	1x

The goal of the science curriculum is to nurture a child's natural curiosity and creativity, and to teach the scientific method. Students learn science through a variety of hands-on activities and experiments, with room for student-driven modifications. All students keep a lab notebook with notes that are personally meaningful.

## MUSIC

Specialist Weekly Schedule: 60 min/wk

Pre-K	K	Primary	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
2x	2x	2x	2x	2x	2x	2x	2x

The Kodály approach is at the core of our music program. Students learn the Solfa system (do, re, mi, fa, so, la, ti, do) with hand and body signs that represent the musical pitches, providing a kinesthetic link to each pitch and the melodic intervals between them. While voice is the predominant instrument used, other instruments are integrated regularly, including the recorder, xylophone, handbells, and a range of percussion instruments.

## LIBRARY

Specialist Weekly Schedule: 30 min/wk

Pre-K	K	Primary	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
1x	1x	1x	1x	1x	1x	1x	1x

Our library program supports and enriches our curriculum and provides both print and on-line resources for research-based projects across the grades. We strive to meet the needs of our readers at all developmental stages of literacy. With a rich collection of quality materials, the library is a center for children to explore various literary genres while developing their reading skills.