

# SCHOOL ACTION PLAN FOR STUDENT WITH ASTHMA

Student Name \_\_\_\_\_ Birth Date \_\_\_\_\_

Grade \_\_\_\_\_ Teacher \_\_\_\_\_

Asthma Care Provider/Doctor \_\_\_\_\_ Phone # \_\_\_\_\_

Emergency Contact # for Parent(s) \_\_\_\_\_

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Does your child use a peak flow meter? \_\_\_\_\_ Personal Best Peak Flow Reading \_\_\_\_\_

Number of times your child has had to be taken to a medical facility for an acute attack of asthma in the last year: \_\_\_\_\_ Treatment: \_\_\_\_\_

Student's asthma TRIGGERS: \_\_\_\_\_

Usual ASTHMA SYMPTOMS: \_\_\_\_\_

Does your child need to pretreat with an inhaler before exercise? \_\_\_\_\_

Do you authorize your child to carry an inhaler in their backpack? \_\_\_\_\_

Are MEDICATIONS needed to control the asthma? \_\_\_No \_\_\_Yes- (List medication, dose, times below-Attach physician's orders if to be taken at school or if pretreatment is necessary before exercise)

- 1.
- 2.
- 3.

**TREATMENT PLAN for an asthma attack at school: (List medications and other interventions that usually help alleviate symptoms- If medications are to be used at school, attach written instructions from physician )**

**\*If symptoms are not improved 15 minutes after taking medication, the parent will be contacted for direction; if not available, the child's physician will be called. If symptoms increase or peak flow reading is below 50% of personal best, 911 will be called.**

**DOES YOUR CHILD RIDE THE BUS \_\_\_ full time \_\_\_ part time \_\_\_ not at all**

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**As parent of the above named student, I authorize an exchange of information to occur between the OES nursing staff and the physician or health care provider listed above.**

\_\_\_\_\_  
Parent signature

\_\_\_\_\_  
Date