

Oregon Episcopal School Sophomore Backpacking Trip September 7-10, 2011

Assumption of Risk and Release

This trip involves travel by bus and van to and from the Indian Heaven, Mount Adams, the Three Sisters or Mount Jefferson Wildernesses areas of south Washington or central Oregon, and backpacking in groups of 8-10 students and 2 adults. One of the adults on the trip will be a professional outdoor instructor and the other adult will be an OES faculty member who has experience backpacking. Each group of 10-12 people will hike 2-9 miles per day, both on and off trails, using map and compass skills that will be taught by the outdoor instructor. Each group will follow a pre-established itinerary, and students will always hike as a group with adult guidance. Groups will travel at elevations of 3500 – 7500 feet, and may be exposed to a broad range of weather conditions. The students will sleep under tarps, and will cook their meals as a group on backpacking stoves.

While the group is backpacking, they may be as far as eight miles from a vehicle-accessible road. In the event of an emergency, medical access may be several hours away. All hired instructors will have Wilderness First Responder first aid training or higher, and all faculty members will have a minimum of Standard First Aid training. All groups will carry a first aid kit designed for the backcountry, and a satellite phone to be used in the event of an emergency.

All students will carry a backpack weighing 25 – 40 pounds with his or her clothing and personal gear and a portion of the group gear. Pack weight will be adjusted according to the size and strength of the student.

By its nature, backpacking is a strenuous activity, and while great physical strength is not necessary for participation, good physical condition will enhance the experience. Trip leaders must have a Field Trip and Emergency Medical Care Permission Form for each student, with comprehensive, updated medical information. If there is any doubt whatsoever about your/your child's ability to safely participate in this trip, you/your child should have a physical examination by a physician. OES may also require a physician's consent as a precondition for participation.

(over)

I have read and understand the nature of the activities on the OES Sophomore Backpacking Trip, and I have noted on the Field Trip and Emergency Medical Care Permission Form any medical or physical conditions which might affect my participation in this trip. I recognize that participation in this trip is voluntary on my part and is an encouraged but not a required or mandatory activity. I also recognize that there are certain risks inherent in the participation in this trip which I hereby voluntarily assume, and I release OES, together with its employees, agents, and trustees, from any and all liability (including liability for negligence) for personal injury and property damage suffered by me that may occur as a result of participation in this trip.

Participant's name _____

Participant's signature

date

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I have read and understand the nature of the activities on the OES Sophomore Backpacking Trip, and I have noted on the Field Trip and Emergency Medical Care Permission Form any medical or physical conditions which might affect my child's participation in this trip.

By my signature below, I hereby recognize and acknowledge that participation in this trip is voluntary on my child's part and is an encouraged but not a required or mandatory activity. I also recognize that there are certain risks inherent in the participation in this trip which I hereby voluntarily assume, and I release OES, together with its employees, agents, and trustees, from any and all liability (including liability for negligence) for personal injury and property damage suffered by my child that may occur as a result of participation in this trip.

Parent/legal guardian's name

Parent/legal guardian's signature

date